MID EXTRAS AND DENTAL COVER



Our Mid Ranged Extras and Dental Covers combined includes benefits for remedial massage, physiotherapy, chiropractic, and health aids & appliances.



EXTRAS BENEFIT TABLE				MID EXTRAS	CALENDAR		
SERVICE		WAITING PERIOD	BENEFIT	SUB-LIMIT*			
Physiotherapy & Other Therapies	Physiotherapy	2 months	Initial - \$36	\$90*	\$540 person \$1080 family		
	Exercise Physiology	2 months	Standard - \$32				
	Occupational Therapy	2 months	Group* - \$9				
Podiatry	Podiatry	2 months	Initial - \$40 Standard - \$35	х	\$540 person \$1080 family		
	Foot Orthotics	12 months	Set benefit per item				
Dietician	Dietician	2 months	Initial - \$36 Standard - \$32				
	Remedial Massage	2 months		х	\$540 person \$1080 family		
Therapies	Acupuncture	2 months	Initial - \$29				
Therapies	Myotherapy	2 months	Standard - \$27				
	Nutritionist	2 months					
Chiropractic &	Chiropractic	2 months	Initial - \$32 Standard - \$27	X	\$540 person \$1080 family		
Osteopathic	Osteopathic	2 months	Initial - \$36 Standard - \$32	^			
	Clinical Psychology	2 months	Initial - \$50 Standard - \$45 Group - \$10	V	\$540 person \$1080 family		
Mental Health	Counselling^	2 months	\$24	X			
	Mental Health Social Worker^	2 months	No benefit				
Optical	Prescription Glasses & Contact Lenses	6 months	\$235 Per Person	X	\$235 Per Person		
Ambulance Subscription	Ambulance subscription refund	0 months	Family - \$95 Single - \$47.50	х	Equal to benefit		
Eye Therapy	Eye Therapy	2 months	Initial - \$36 Standard - \$32	х	\$540 person \$1080 family		
Speech Pathology	Speech Therapy	2 months	Initial - \$46 Standard - \$42	х	\$540 person \$1080 family		
Home Nursing	District Visiting Nurse (Excludes midwifery services)	2 months	\$12	х	\$500 person \$1000 family		
Pharmacy	Non PBS prescriptions	2 months	\$35	X	\$200 person \$400 family		
Health Management Benefits**	**Approved Programs	6 months	50%	х	\$100 person \$200 family		

All benefits subject to Waiting Periods and Benefit Limitations.

^{*}Sub-limits apply to these services - see our brochure for more information. Group benefits not payable for Occupational Therapy, see group therapy page 4.

[^]Service provider must accredited with Australian Regional Health Group (ARHG). ** See Health Management benefits table in the Fund Member Brochure.

MILDURA HEALTH FUND PRODUCT SUMMARY MID EXTRAS AND DENTAL COVER

EXTRAS BENEFIT TABLE CONTINUED			MID EXTRAS		
SERVICE WAITING PERIOD			BENEFIT	SUB-LIMIT*	CALENDAR YEAR LIMIT
Health Aids & Appliances ^	Blood Glucose Monitor	36 months	\$200 (every 3 years)		\$1000 person \$2000 family
	Blood Pressure Monitor	36 months	\$150 (every 3 years)		
	TENS Machine	36 months	\$150 (every 3 years)		
	Nebuliser	36 months	\$150 (every 3 years)	x	
	CPAP (Machine only)	36 months	\$400 (every 3 years)		
	Hearing Aid	36 months	\$770 (every 5 years)		
	Braces & Splints	12 months	75% up to \$500 (every 3 years)		
	CAM Boot	12 months	75% up to \$500 (every 3 years)		
	Artificial limbs & prosthesis	12 months	75% up to \$500 (every 2 years)		
	Crutches, walking frame & walking stick	12 months	75% up to \$35 (every 2 years)		
	Wigs	12 months	75% up to \$250 (every 2 years)		
	Compression Garments †	12 months	75% up to \$250 (every 2 years)		

[^] Health Aids and Appliances must be medically necessary and for the treatment of specific conditions. + Conditions apply, sport related garments are excluded. Contact the Fund for further information.

DENTAL / EXTRAS BENEFIT TABLE			DENTAL				
SERVICE WAITING PERIOD		BENEFIT	SUB-LIMIT	FIRST YEAR MEMBERSHIP	LIFETIME LIMIT	CALENDAR YEAR LIMIT	
	Preventative Dental#	2 months	100%^	X	\$350 Maximum benefit payable per person	X	\$1,050 Maximum benefit payable per person once first year is completed
	General & Major Dental	2 months	70%^^	X			
General & C B Major Ir Dental R	Inlay/Onlay, Crown & Bridge, Implants, Indirect Restorations	2 months	As per MHF dental schedule	1st calendar year of membership \$350			
				2nd calendar year of membership \$450			
				3rd calendar year of membership \$500			
				4th calendar year of membership \$550			
				5th calendar year of membership \$600			
				6th calendar year of membership \$650			
	Dentures	12 months	(every 3 years^^^)	х			
	Orthodontics	24 months	50% up to \$600	\$600 Per person per calendar year		\$1,500 Per person	

MILDURA HEALTH FUND PRODUCT SUMMARY MID EXTRAS AND DENTAL COVER

BENEFITS ON A WHOLE RANGE OF HEALTH CARE SERVICES

With our Extras cover you'll get great benefits on a whole range of health care services and treatments that are not covered by your hospital cover or by Medicare.

Not only will you be able to claim on your regular dental check-up, you can also claim benefits for glasses, physiotherapy and remedial massage. For the full list of services covered, along with the benefits that are payable, see our benefits tables.

There are six levels of Extras cover to choose from depending on the services you use and your budget. These can be taken on their own or combined with your choice of hospital cover.

GAP FREE PREVENTATIVE DENTAL

A popular feature of our Dental and Five Star Extras covers is Gap Free Preventative Dental.

We will pay 100% of the fee for each eligible preventative service provided by one of our agreement dentists.

The same benefit amount will be paid whether you see an agreement dentist or not. (A balance may be payable for treatment provided by a non-agreement dentist).

Regular visits to the dentist are essential for the maintenance of healthy teeth and gums. MHF and Dentists recommend that you, and your family, visit every six months to ensure overall good oral health.

Benefits apply to adults and children who have served their waiting period. All limits and benefit conditions apply to these services.

SUPER DENTAL AGREEMENTS

The Fund has entered into agreements with dental providers, known as super dental agreements, to limit the out of pocket expenses our members have to pay.

All dental providers receive the same benefit per service, whether they have an agreement with us or not. Our agreement dental providers will only charge the agreed amount for the service they provide.

You still have a choice of who you receive treatment with, we do not reduce the benefits paid if you see a provider who doesn't have an agreement with us.

We are unlike other health funds, who have preferred providers, we give you choice! Other health funds with preferred providers restrict who you can see, how much you can claim and generally pay a lower benefit for the same service to dentists who are not one of their preferred providers.



DENT	AL BENEFIT TABLE	DENTAL	
SERVICE		BENEFIT	
	Periodical oral examination	\$57.85	
	Emergency consultation	\$36.40	
Preventative Treatment	X-Ray	\$49.00	
	Scale & Clean	\$118.55	
	Fluoride Treatment	\$49.45	
	Surgical Extraction	\$197.10	
	Filling - Adhesive one surface	\$106.85	
General & Major Dental	Filling of one root canal	\$193.00	
	Full crown veneer	\$650	
	Full denture	\$1,050	

Benefits subject to Dental limits.



MILDURA HEALTH FUND PRODUCT SUMMARY MID EXTRAS AND DENTAL COVER

Important benefit information:

OPTICAL BENEFIT

Covers your prescription glasses and contact lenses that have been prescribed by a registered optometrist.

Non-prescription sunglasses are specifically excluded. Your claim for benefits will be processed as at the date you collect or receive your glasses or contact lenses, not the date that they are ordered. Glasses and contact lens maximums apply per calendar year.

AMBULANCE SUBSCRIPTION

Ambulance subscription benefits are payable on the subscription paid to an Ambulance service provider only. Subscription costs and conditions vary from state to state. See our brochure for ambulance provider information - 'Ambulance Cover Explained.'

FOOT ORTHOTICS

Foot Orthotics must be prepared for the member by a registered podiatrist or a registered orthotist.

Pursuant to a referral from a registered podiatrist or doctor in the course of private practice. Benefits are not payable on pre-fabricated orthotics.

PHARMACY

All of our Extras covers include benefits towards the cost of Pharmaceutical Prescriptions that are not part of the Pharmaceutical Benefits Scheme (PBS).

Benefits are payable where all of the following apply;

- The drug, (includes vaccinations) is only available on prescription
- The drug is listed within the MIMS schedule as S4 or S8
- The drug is not recognised by the PBS

To make a claim, your pharmacy receipt must include;

- Script number
- Dispensed date and description of each medication
- Individual charge of each medication
- Full name of the person who received the medication
- Full name and street address of pharmacist
- Details of payment



